



## ABC Music & Me Unit Descriptions (2 years to 4 years)

### January – On the Go

This month put a new spin on trains and cars. In class we'll talk about things on the go. And with a real-sounding train whistle, sound effects, and music CD in your Home Kit, you can take the learning on the go as you talk about moving fast and slow, while developing your toddler's rhythm and coordination and strengthening your child's connection to what's happening in class.

**Home Kit:** Train whistle instrument, Home CD, and magazine-style Family Guide (includes the class story *The Big Race*)

### February – Home Sweet Home

Your child learns best in the comfortable surroundings and everyday activities of home. So we'll use this nurturing theme to turn our classroom into a pretend house. In your Home Kit read together the story about the different kinds of houses animals make—from spider webs to bird's nests. When you find these homes in your very own backyard, you reinforce the learning that's happening in class. **Home Kit:** Home CD and magazine-style Family Guide (Includes the class story *A House Is a House for Me*)

### March – Up In the Sky

In your Home Kit read the story we're sharing in class called *Someone Bigger*, about a boy who wants to take over the reins of the family kite. Then grab a scarf or handkerchief and imitate the up and down crouching, reaching, and running associated with flying a kite—just like the boy in our story. Your Family Guide magazine includes activities you can easily incorporate into your day to reinforce our counting and color-learning activities in class.

**Home Kit:** Three-bell jingle instrument, Home CD and magazine-style Family Guide (includes the class story *Someone Bigger*)

### April – Down On the Ground

This month in class we'll take a Listening Walk, and read about a girl who takes a silent walk with her father listening for sounds along the way. When you play the music CD, share the activities, and take a listening walk of your own at home, you'll help your child learn to love to observe—and learn from—the world around her. **Home Kit:** Home CD and magazine-style Family Guide (includes the class story *The Listening Walk*)



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### May & September – Splash!

This month we'll think and talk in 3s. In class we'll sing songs that help your child seek and find that pattern, such as singing Row, Row, Row Your Boat. Even the things in your Home Kit this month comes in 3s—when you listen to the music, share the activities, and splash around with this blow-up beach ball. **Home Kit:** Beach ball, Home CD, and magazine-style Family Guide (includes the class story *Bath Time*)

### June & October – Marvelous Me

This month we'll cover pattern games and body awareness from head to toe. In class we'll listen for patterns and repeated phrases in the music, which develops your child's early math skills and self-esteem. When you play the same pattern seeking games at home that we played in class, your toddler's confidence and skill building will grow.

**Home Kit:** Home CD and magazine-style Family Guide (includes the class story *Eyes, Nose, Fingers and Toes*)

### July & November – Let's Play

All the ways you play—at home, in the school yard, during your family time together—is this month's theme. In class we'll play "Follow the Leader" and other playground games to help your toddler develop listening and singing skills while strengthening movement and hand-eye coordination. In your Home Kit, find more activities, songs, and games you can do together to play and learn at home, too.

**Home Kit:** Mini Tambourine, Home CD, and magazine-style Family Guide (includes the class story *Golden Bear*)

### August & April – Out & About

This month, we're taking pretend adventures to the mountains, the beach, and going on bike rides, and picnics. Meanwhile, your toddler gets lots of practice taking turns and interacting socially. And you'll love the take-home activities in your Home Kit, with great ideas for making an easy-at-home bird feeder. Plus, when you incorporate these class activities into your playtime at home, you're sharing in the learning happening in class.

**Home Kit:** Home CD and magazine-style Family Guide (includes the class story *Let's Go Froggy*)

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### September & March –Carnival of Music

This month's story features Barley Bear and his day-long quest to find a piece of shoo-fly pie at the fair. In class we'll read about Barley and talk about his willingness to wait and be patient in the middle of the fun fair distractions. At home, your Home Kit includes more activities to help your child feel comfortable in group-play and group-learning situations. **Home Kit:** Egg shaker, Home CD, and magazine-style Family Guide (includes the class story *Shoofly Pie*)



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**October – Animals A-Dancing**

Dancing, hopping, rolling, and stomping. This month we'll move like all of our animal friends and develop muscle coordination and spatial awareness along the way. Your Home Kit features songs for wiggling and helps toddlers develop dexterity and fine-motor skills. Your magazine-style Family Guide also includes at-home activity ideas, games, and questions that involve the class story, so your child develops memory and comprehension—all in the context of sharing time with you. **Home Kit:** Home CD and magazine-style Family Guide (includes the class story *Frog Went a-Dancing*)

**November – Around the Farm**

In class, your child's memory and sequence skills will strengthen with stop-and-go games tucked into stories and pretend play about animals on a farm. You'll find these stories and songs in your Home Kit, too. So when you play this month's featured rhythm stick instruments along with the recordings, you help your child develop rhythm, coordination, and the confidence that comes with learning and playing along with you. **Home Kit:** Pair of Rhythm Sticks, Home CD, and magazine-style Family Guide (includes the class story *Cows in the Kitchen*)

**December – Outside My Window**

You and your child will enjoy a range of imagination and listening skills in Outside My Window. This month's unit has the learning focus: "I hear and I listen. I can be loud or quiet." The take-home magazine-style Family Guide provides an activity idea using Track 7 on the Home CD which features different rain sounds. Listen at home and find empty cans, uncooked rice, cardboard boxes, or uncooked pasta to imitate those sounds. In a child's visual world, this exercise helps bring focus to the attention required for listening. **Home Kit:** Home CD, and magazine-style Family Guide (includes the class story *Rain Song*)