



Singing. Moving. Learning.

ABC Music & Me Unit Descriptions (4 years to 6 years)

January – Rhythms of the Land

In class we'll explore the rhythms and sounds of Native American music. As we investigate, compare, and contrast a wide variety of drums and the materials they're made from, your preschooler develops the investigative vocabulary needed in the sciences. When you repeat rhythm patterns at home and share the activities in your Home Kit, your child gets an early start in math, too. **Home Kit:** Jingle Stick instrument, Home CD, and magazine-style Family Guide (includes the class story *Pedal Pump, Pedal Pump*)

February – Sounds Abound

This month, we'll explore all the sounds we can make with our mouths, bodies, hands, plus everyday objects we can find around the house. Your preschooler develops an early understanding of how one material can be used to make something else. Activities in your Home Kit help you bring these big ideas home when you take part in the listening, turn-taking, and sound-effect making activities. **Home Kit:** Home CD and magazine-style Family Guide (includes the class story *If I Had a Big Blue Boat*)

March – Dance With Me

This month, we'll feature the music and dance of "one-two" rhythms and "one-two-three" rhythms. In class, we'll hear real instruments from the ballet and learn a few dance steps, too. Activities like dance, where your child follows a short sequence of instructions, helps to strengthen memory and his ability to follow directions. At home, play the CD in your Student Kit and let your preschooler show you a new step or two. **Home Kit:** Pair of lumi stix, Home CD, and magazine-style Family Guide (includes the class story *Dance of Our Own*)

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April – Drums, Drums, Drums

This month your child will experience the concept of fractions through hearing and playing quarter and eighth notes. In class we'll do "call and response" activities to the rhythmic sounds of African music. Meanwhile, your child will sharpen listening and attention skills, as well as fine tune her ear to finding patterns. Play the activities in your Home Kit together, and you'll help your preschooler develop a strong foundation in math, rhythm and coordination, and critical listening. **Home Kit:** Home CD and magazine-style Family Guide (includes the class story *Drum Circle*)



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May – Feel the Music

Expressing thoughts, ideas, and needs to teachers and friends is a necessary skill in school. So in class we'll help your child learn more about the words that help describe feelings, while learning more about the emotions of others. Your Home Kit includes the same music and stories we'll be talking about in class to help you open the door to the emotions your preschooler is learning to express. **Home Kit:** One mini maraca instrument, Home CD, and magazine-style Family Guide (includes class story *The Duel*)

June – Jazz Kitchen

Get an extra helping of learning to share—with some jazz music in the mix. In your Home Kit, read about the little sheep who, along with her friends, whips up a batch of Noodles from Scratch. In class, your preschooler will use this story and other activities to learn to observe and accept others' ideas, how to be a leader and a follower, as well as how to watch, listen, and speak to friends and teachers. **Home Kit:** Home CD and magazine-style Family Guide (includes class story *Noodles from Scratch*)

July – Giggles

On the way home, you'll hear about the laughs, silliness, and knock-knock jokes with this month's learning theme—giggles. In class we'll use word plays, word puns, and all-around word silliness to boost vocabulary, develop conversational skills, and nurture happy learners. Play around at home with the activities in your Home Kit and your preschooler develops the confidence and skills needed to be expressive.

Home Kit: One Harmonica instrument, Home CD, and magazine-style Family Guide (includes the class "story", a series of knock-knock jokes)

August – Under the Rainbow

Keep your eyes open for a summer rain this month. In class we'll explore the concept of high and low sounds with Irish music, tricky leprechauns, and the colors of the rainbow. We'll also match sounds with pictures, and match pictures with the written words to build lasting literacy skills. With more activities sprinkled throughout the story in your Home Kit, you and your preschooler can practice together the skills needed now and later in school. **Home Kit:** Home CD, and magazine-style Family Guide (includes class story *Under the Rainbow*)

September – Jumping Beans

In class, your child's memory and sequence skills will strengthen with stop-and-go activities—all set to the music of Latin America. Tucked into stories and pretend play activities, stop-and-go games help your preschooler control body motions and follow directions on the go. Share the stories and activities in your Home Kit and you'll strengthen self-discipline skills at home, too. **Home Kit:** One Pan Flute Instrument, Home CD, and magazine-style Family Guide (includes the class story *A Quieter Instrument*)



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October – Join the Parade

You can watch this month's theme in your own home town with the season's upcoming holiday parades. In class, we'll listen to marching music, play pretend parades, and help your preschooler develop rhythm and coordination skills. Marching to the beat of his own drum—in class and at home—helps your preschooler make a vital rhythm and body connection, one that's necessary to help him master any number of movement activities such as writing, dribbling and shooting a basketball, dancing, and skipping. **Home Kit:** Home CD and magazine-style Family Guide (includes the class story *Henry's Parade*)

November – All Keyed Up

A piano and the well-known composer, J.S. Bach, help your preschool get ready for school this month. The answer is right at the tip of your fingers. The same fine motor skills and hand-eye coordination your preschooler needs to hold a pencil—are developed through the special keyboard-playing activities we'll be playing in class. **Home Kit:** Pair of Castanets Instrument, Home CD, and magazine-style Family Guide (includes the class story *Coppertop and the Four Keyboards*)

December – Sing a Story

The Sing a Story unit of ABC Music & Me introduces children to the world of opera. They will meet the Queen of the Night, Papageno, and Papagena, just a few of the colorful characters from Wolfgang Amadeus Mozart's opera, *The Magic Flute*. At storytime, children will hear a tale of missing tail feathers and witness the hustle and bustle that happens backstage before an opera. They will listen to examples of solos and duets, practice pre-music-reading skills by singing simple two-note patterns, sing, and play a variety of musical instruments.

Home Kit: Home CD, and magazine-style Family Guide (includes the class story *Papageno's Feathers*)