

CD

Track	Activity	What the children will be doing
1	<i>ABC Music & Me™ Hello</i> (1:41)	Smiling, stretching, hugging, and tapping hello
2	<i>Look at Me</i> (1:35)	Saying and acting out a poem about parts of the body
3	<i>I See You</i> (3:12)	Playing peek-a-boo with scarves
4	<i>Activity Introduction</i> (0:17)	Getting ready to listen
5	<i>Baby Laughing</i> (0:39)	Listening to and imitating the sound of a baby laughing
6	<i>Children Laughing</i> (0:19)	Listening to and imitating the sound of children laughing
7	<i>The Growing Song</i> (2:39)	Making motions to a song about things that grow
8	<i>Activity Introduction</i> (0:34)	Listening to instructions for a moving-and-stopping game
9	<i>Stand So Still</i> (2:09)	Walking and jumping to music, then stopping and standing very still
10	<i>Activity Introduction</i> (0:53)	Choosing instruments
11	<i>Shake the Rattles</i> (2:57)	Choosing their own instruments, and playing shakers and bells along to music
12	<i>Head, Shoulders, Knees, and Toes</i> (1:38)	Listening to a story about all the things they can do
13	<i>Activity Introduction</i> (0:17)	Getting ready to dance
14	<i>Skinnamarink</i> (2:05)	Free-dancing to music
15	<i>Activity Introduction</i> (0:10)	Getting ready to listen
16	<i>I Hear a Sound: Baby</i> (0:26)	Listening to, identifying, and imitating the sound of a baby
17	<i>I Hear a Sound: Doorbell</i> (0:23)	Listening to, identifying, and imitating the sound of a doorbell
18	<i>I Hear a Sound: Knocking</i> (0:19)	Listening to, identifying, and imitating the sound of knocking
19	<i>Looby Loo</i> (2:34)	Putting their hands, feet, and whole selves in and out of the circle
20	<i>ABC Music & Me Goodbye</i> (0:54)	Singing and waving goodbye to one another