

My name: _____



My favorite activities:

- q ABC Music & Me Hello—Greeting Ritual
- q Two Hands—Rhyme with Movement
- q Sounds of Children Playing—Focused Listening
- q At the Playground—Pretend Play
- q Follow the Leader—Instrument Play-Along and Game
- q Roll That Ball—Movement with a Prop
- q Allee Galloo Galloo—Song with Movement
- q Train Sounds—Focused Listening
- q Train is A-Comin'—Song with Movement
- q Playing the Tambourine—Instrument Exploration
- q Hine Rakevet—Instrument Play-Along
- q Golden Bear—Storytime
- q Teddy Bear—Song with Creative Movement
- q ABC Music & Me Goodbye—Goodbye Ritual

Teacher's Comments:



Teacher's name _____

date _____

Take the fun home with you!

Who doesn't love to play? Your child will be excited to show you all the ways her hands can play as you say the rhyme, "Two Hands," together. Try it with the suggested motions first, then challenge your child to suggest other body parts that come in pairs (ears, eyes, arms, legs, feet, thumbs) that might be added into the rhyme. While you're at it, make hand prints using paint, stamping ink, sand, or dirt. Compare the size of your child's handprints with yours, and help her count all the fingers. Play away!

Rhymes help children hear all the little sounds that words are made of. That's why children who are exposed to rhyme in preschool years typically have fewer problems learning to read.

Two Hands



I have two hands and they love to play.

Hold up both hands and wiggle your fingers.

They can wave and shake and clap all day.

Wave, shake, and clap your hands.

They can play up high.

Wiggle your fingers up high.

They can play down low.

Tap your fingers on the ground.

Sometimes they're fast.

Roll your hands quickly.

Sometimes they're slow.

Float and glide your hands slowly through the air.

I can open them up.

Open your hands.

I can shut them tight.

Make tight fists.

I can put them together and say goodnight.

Put your palms together, place them at the side of your face, and close your eyes.



Let's Play

Lesson 2

My name: _____



My favorite activities:

- ABC Music & Me Hello—Greeting Ritual
- Two Hands—Rhyme with Movement
- Sounds of Children Playing—Focused Listening
- At the Playground—Pretend Play
- Follow the Leader—Instrument Play-Along and Game
- Roll That Ball—Movement with a Prop
- Allee Galloo—Song with Movement
- Train Sounds—Focused Listening
- Train is A-Comin'—Song with Movement
- Playing the Tambourine—Instrument Exploration
- Hine Rakevet—Instrument Play-Along
- Golden Bear—Storytime
- Teddy Bear—Song with Creative Movement
- ABC Music & Me Goodbye—Goodbye Ritual

Teacher's Comments:



Teacher's name _____

date _____

Take the fun home with you!

Circle songs build friendships and cooperation skills.

“Allee Galloo” is particularly fun because of its silly lyrics and playful “Whee!” at the end. Gather your family or friends and move in a circle as you sing.

At the word “Whee!” slide your voice up, up, up while raising your arms up over your head, then gently fall to the ground. Try it sitting down, too! Then fall backward on the word “Whee!”

Exploring words like “Whee” that slide the voice either down or up (called a vocal glide or glissando) helps your child increase his vocal range, improving his singing and enabling more expressive speaking.

Allee Galloo

♩ = 96 Singing Game

Al-lee gal-loo gal - loo. Al-lee gal-loo gal - lee.

Al - lee gal - loo gal-loo gal - lee. Whee!